



*Welcome  
to our*

## *Harvest Lunch Menu*

*featuring a selection of  
locally grown and produced ingredients  
prepared with care for your enjoyment.*

*Our offerings, inspired by the harvests of the season,  
may change from time to time according to  
the availability of specialty products.*

*This menu is served daily 11:30 ~ 3 pm  
Saturdays & Holidays 12 ~ 3 pm*

*Ask to see our **Dinner Menu** served 5 pm to 9pm Friday & Saturday evenings  
We are open Wednesday through Monday 8 am to 3 pm  
Sunday all day a la Carte **BRUNCH!!***

*CLOSED TUESDAY*



# Starters

## Ploughman's Plate

What better to go with your glass of wine or beer than some great cheese and "fixings"?  
Ask your server what's planned for today

### Hummus

with Berbère spiced oil and toasted pita bread 6.99

### Cup or Bowl

our seasonal soups and chowders change daily  
ask about Today's Offering. Of course, you will receive a soupçon  
(a small taste) to help you decide.

# Salads

## Garden Plate ~ (varies regularly)

Every country has a special salad that evokes good times; the French have Salade Niçoise, Americans have Chef's, Chopped or Cobb. Throw in a favorite herb or spice blend and you have an unforgettable Proustien experience. Ask your server to find out where Nancy takes you today.

## Nancy's Classic Commonwealth Salad

mixed baby greens, grated aged Hillman Farm Goat Cheese &  
Café caramelized chipotle walnuts with our maple-balsamic vinaigrette 9.99  
this is delightful with the grilled salmon.\*

## Cafe Caesar Salad

crisp Romaine lettuce tossed with grated Parmigiano Reggiano cheese (the REAL stuff),  
carrot, red onion, our own Caesar Dressing and croutons 10.99 small 8.99  
any of our meat or fish offerings would go well with this classic.\*

## Nancy's Garden Salad

mixed baby greens with seasonal veggies and your choice of dressing  
large 8.99 small 6.99

~ Nancy suggests adding some protein to make a meal of your salad. ~

\*ADD: 4 oz. seared salmon, tuna salad, a scoop of hummus

Café herb-cured chicken breast, garden burger patty, apple wood smoked bacon 4.99



## Dressings

made here with no preservatives or trans fats: Maple Balsamic ~ Honey-Mustard ~ Berry-Thyme  
also Buttermilk Ranch or Oil & vinegar

# Sandwiches

All sandwiches are served with JP's potato chips & pickles OR Café cole slaw.

## Cafe Tuna Melt

white tuna, mayonnaise, carrot, cheddar cheese and a  
dusting of Caribbean spices on white bread pressed &  
warmed in the panini grill 9.50

## Ham and Swiss

baked Virginia ham, Swiss cheese, honey mustard,  
lettuce & tomato on 6 grain bread 7.50

## Café Roast Turkey Breast Sandwich

with Café apple-onion chutney, mayonnaise,  
lettuce & tomato on white bread 7.99

## Mix and Match ~ select two

1/2 Turkey OR 1/2 Ham & Swiss sandwich~  
Cup of today's soup\*~ Garden salad 9.99

\*There will be an additional charge for  
chowders and specialty soups

# Our Specialties

All sandwiches are served with JP's potato chips & pickles  
OR  
Café cole slaw (unless noted)



## Herb-Cured Chicken Breast

with bacon, Swiss cheese, horseradish-mustard bistro sauce, lettuce and tomato on a grilled seeded bun 10.50

## Smoked Pork Cubano

Nancy's touch to a traditional Cuban street sandwich ~  
Café smoked pork, Swiss cheese, spicy tomato-dill pickle relish, caramelized onions & crisp romaine on ciabatta, cooked in the panini grill 10.99

## A Modest Lunch

This dish varies but always includes something warm with vegetables, maybe organic eggs, milk & cheese & salad with your choice of dressing

## Nancy's Jack Daniel's Barbecue Burger

6 oz. angus beef, charbroiled to order, glazed with Café Jack Daniel's Barbecue Sauce, topped with apple wood smoked bacon, Café smoked cheddar cheese, lettuce and tomato on a grilled seeded bun 11.99

## Garden Burger

Morningstar vegetable burger with Café hummus, lettuce & tomato on a grilled seeded bun 9.99

## Berbère Lamb Burger

6 oz. ground lamb seasoned with Berbère spices, charbroiled and served with cucumber-yogurt sauce, lettuce & tomato on a grilled seeded bun 10.99

## "Pile-it" In-Command Burger

WE charbroil 6 oz ground angus beef to your specifications,  
YOU pile on your favorite toppings.

Served with lettuce & tomato on a grilled seeded bun 9.25

**ADD:** caramelized onions, sautéed green peppers, Swiss, cheddar, American cheese .99 ea.

**ADD:** sautéed button mushrooms, bacon 1.99 ea.

## Sides

Cole Slaw or Sautéed Greens 2.99 each



**ALLERGIES ARE A SERIOUS CONCERN FOR SOME OF OUR GUESTS**  
Let us know your sensitivities so we can help you steer clear of problems.

WARNING: Consuming undercooked meats may increase your risk of food borne illness, especially if you have certain medical conditions